

*Start your
journey to
confidence*



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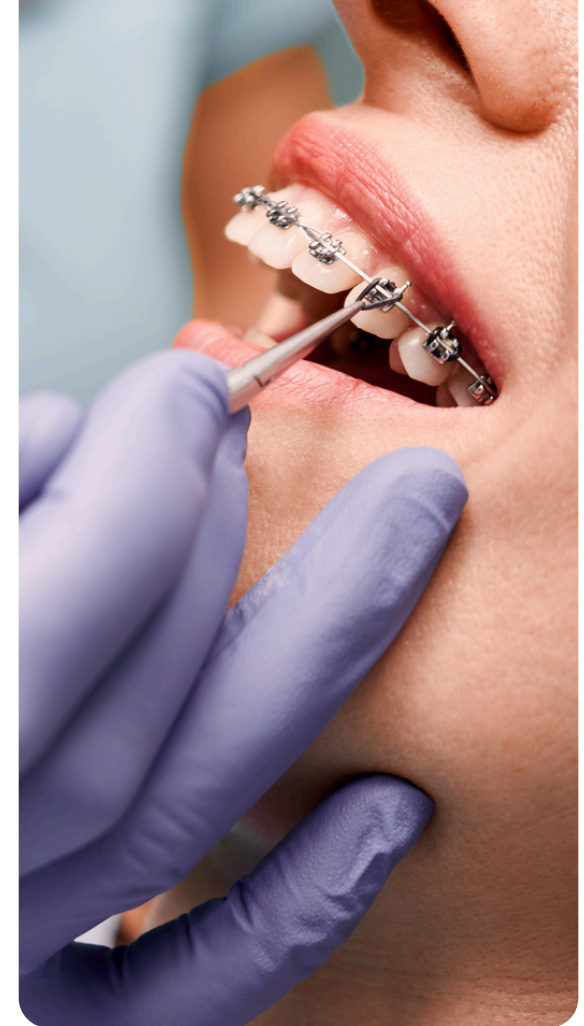
If you would like to book a
consultation, please contact our
reception team

01935 817 950

reception@wessexhousedental.com

Questions?

Get in touch with the practice and
ask for one of our treatment
coordinators



Fixed Braces

wessex.house

What are fixed braces?

Also known as train track braces, fixed braces are one of the most popular teeth straightening choices, due to their predictable and reliable results.

Fixed braces are made up of small brackets attached to each of your teeth and joined by a wire. Thicker wires are placed and adjusted overtime, creating a gentle pressure which gradually aligns your teeth.

Fixed braces cannot be removed for the duration of your treatment.

What are the benefits of fixed braces?

- Fixed braces can treat a range of severities. This includes complex orthodontic problems such as extensive overcrowding, abnormal eruption of teeth and a very deep overbite. As a result, fixed braces are often recommended in severe cases.
- Fixed braces offer predictable results. They move your teeth in a precise manner and unlike removable braces, treatment can't be interrupted by taking them out for long periods
- Some fixed options are very discreet, so people won't necessarily know you have them.

Successful orthodontic treatment is a partnership between the dentist and the patient. While recognizing the benefits of a beautiful healthy smile, you should also be aware that orthodontic treatment has limitations and potential risks.

Orthodontic treatment usually proceeds as planned, and we intend to do everything possible to achieve the best results for every patient. The success of treatment depends on your cooperation in keeping appointments, maintaining good oral hygiene, avoiding loose or broken appliances, and following the dentist's instructions carefully.

The length of treatment depends on a number of things, including the severity of the problem, the patient's growth and the level of patient cooperation. The actual treatment time is usually close to the estimated treatment time, but treatment may be lengthened.

Throughout your treatment, you will be required to attend review appointments every 4-6 weeks, so you need to consider time away from work before commencing treatment.

What are some of the risks of fixed braces?

- Relapse of the teeth can happen if you do not wear retainers nightly following treatment
- Discomfort can occur due to the introduction of tooth movement and metal brackets.
- Speech can be affected for the first week or so but you will soon adjust to this
- On the very rare occasions TMJ problems are created by orthodontic treatment

