

# About your treatment

Attachments are tooth coloured “buttons” that may be bonded to one or more teeth during the course of treatment to facilitate tooth movement and/or appliance retention.

Completed orthodontic treatment does not guarantee perfectly straight teeth for the rest of your life. Retainers will be required to keep your teeth in their new positions as a result of your orthodontic treatment. You must wear your retainers as instructed or teeth may shift.

Teeth may require interproximal reduction / recontouring / slenderising in order to create space needed for dental alignment to occur.

In rare instances, slight superficial wear of the aligner may occur where patients may be grinding their teeth or where the teeth may be rubbing and is generally not a problem as overall aligner integrity and strength remain intact



## More Information :



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# Clear Aligners

## What are clear aligners?

If you're looking for a way to straighten your teeth without the hassle of traditional metal braces, clear aligners are not only virtually invisible, but they're also removable, making them a more convenient and comfortable option.

A proper orthodontic assessment, diagnosis and treatment plan is essential to successful treatment. An accurate impression of the mouth is used to create the customised aligners. Each appliance moves the teeth a small distance towards the intended position before moving on to the next in the series until the final result is achieved. Aligners need to be worn full-time, day and night except for meal times.



## Smile with confidence!

Treatment plans can be visualised through the digital simulation (ClinCheck) software.

Aligners allow for normal brushing and flossing tasks that are generally impaired by conventional braces.

## When can aligners be used?

Aligners are most commonly used in cases needing alignment of teeth without extractions.

Routine aligner treatments include:

- Mild-moderate dental irregularity
- Crowding which can be corrected with mild-moderate expansion of the dental arch
- Crowding which can be corrected with reductions in tooth width (Inter-proximal reduction or slenderising)
- Mild spacing



Before

After