

We recommend

An electric toothbrush
An interdental brush
An interspace brush
and a water flosser



The interdental brush needs to feel firm in the space between the implant and the adjacent tooth. The electric brush bristles and interspace brush need to contact the junction of the gum on the implant surface.

Any other specific oral hygiene aids will be recommended by your dental professional.



NEED SOME MORE ADVICE?

If you are struggling to find or use the right interdental aids to clean your implant, please give one of our reception team a call and we can get you the correct advice.

Please bring your oral hygiene items with you to your next appointment, including the tips you use for your water flosser if you have one.

Contact Us

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HOW TO CARE FOR YOUR IMPLANT



Why do I need to clean my implant the same as a tooth?

Because an implant is placed into bone and surrounded by soft tissue, it is effectively in the same environment as your teeth.

Ensuring that your gums are healthy and bacteria doesn't collect around the implant will prolong the life of your implant and prevent bone loss, resulting in a loose implant.



For the 1st year

Your implant should be reviewed and maintained by a dental professional every 3 months. We recommend the Guided Biofilm Therapy method of maintenance as being the most thorough and least invasive technique.

Ask one of our team for more information on this.



Your dental professional

will guide you on how to look after your individual restorative work. However, until you see them, this leaflet will explain how to clean your new implant and restorations.

